

Predictive Medicine

Genomic Medicine: How Your DNA Can Predict Your Risk of Disease

Get Started



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Introduction to Genomic Medicine

Genomic medicine involves using a person's DNA to better understand their health. This approach helps predict the risk of certain conditions and guides more tailored prevention and care strategies.

What Is a Genome?

Your genome is the complete set of genetic instructions that guide how your body develops and functions. It's made up of DNA, which is organized into genes—segments that determine traits like eye color, height, and even how your body reacts to certain foods, medications, or illnesses.

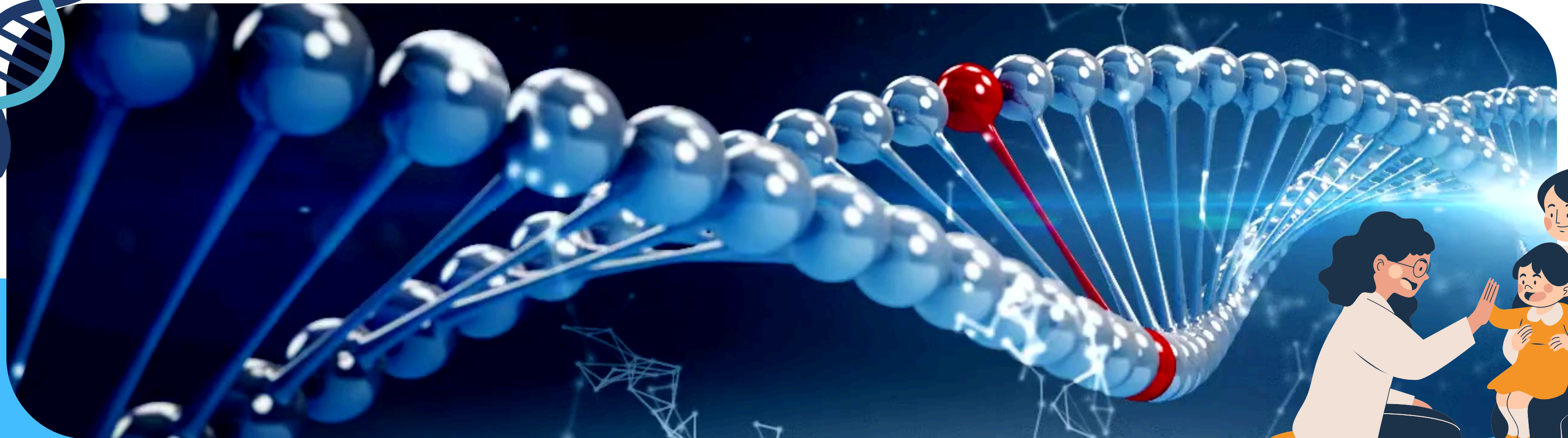
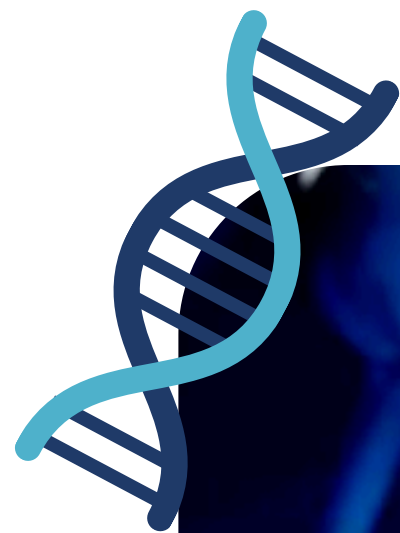
Understanding your genome helps unlock valuable information about your health.





How DNA Influences Health

Variations in genes can increase or decrease your chance of developing certain health conditions. Knowing these genetic markers helps doctors assess your personal risk profile.



Predictive Power of Genomic Testing

Genetic tests can reveal health risks long before any symptoms show up.

With this early insight, individuals have the chance to monitor their health more closely, adjust their lifestyle, and work with healthcare providers to take proactive measures—helping them prevent or delay the onset of certain conditions.

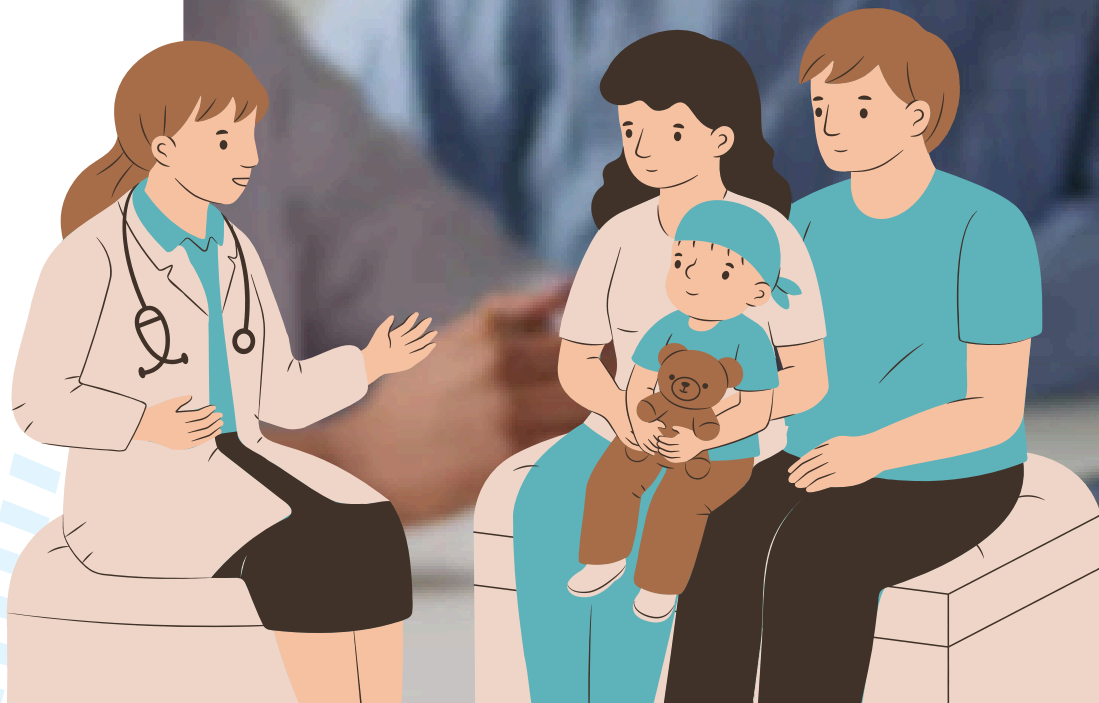




Family Health Insights

Genomic information can benefit entire families, not just individuals. Since many genetic traits are shared, a single test result may highlight potential health risks for relatives as well.

This knowledge allows families to take preventive steps together and make more informed healthcare decisions.





Role in Medication and Treatment

Some people respond differently to medications due to their genes. Genomic medicine helps match the right drug and dose to each individual, reducing side effects and improving results.





Challenges in Genomic Medicine

While genomic medicine holds great potential, it also comes with important challenges. Interpreting complex genetic data accurately requires advanced technology and expert analysis. At the same time, ensuring patient privacy is crucial, as genetic information is deeply personal.

Ethical concerns—such as how this data is used or who has access to it—must also be carefully addressed to build public trust and ensure responsible use.



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Thank You

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