



Simplicity Clarity
The Medical Clarity Journal

Cancer

Learning and Awareness

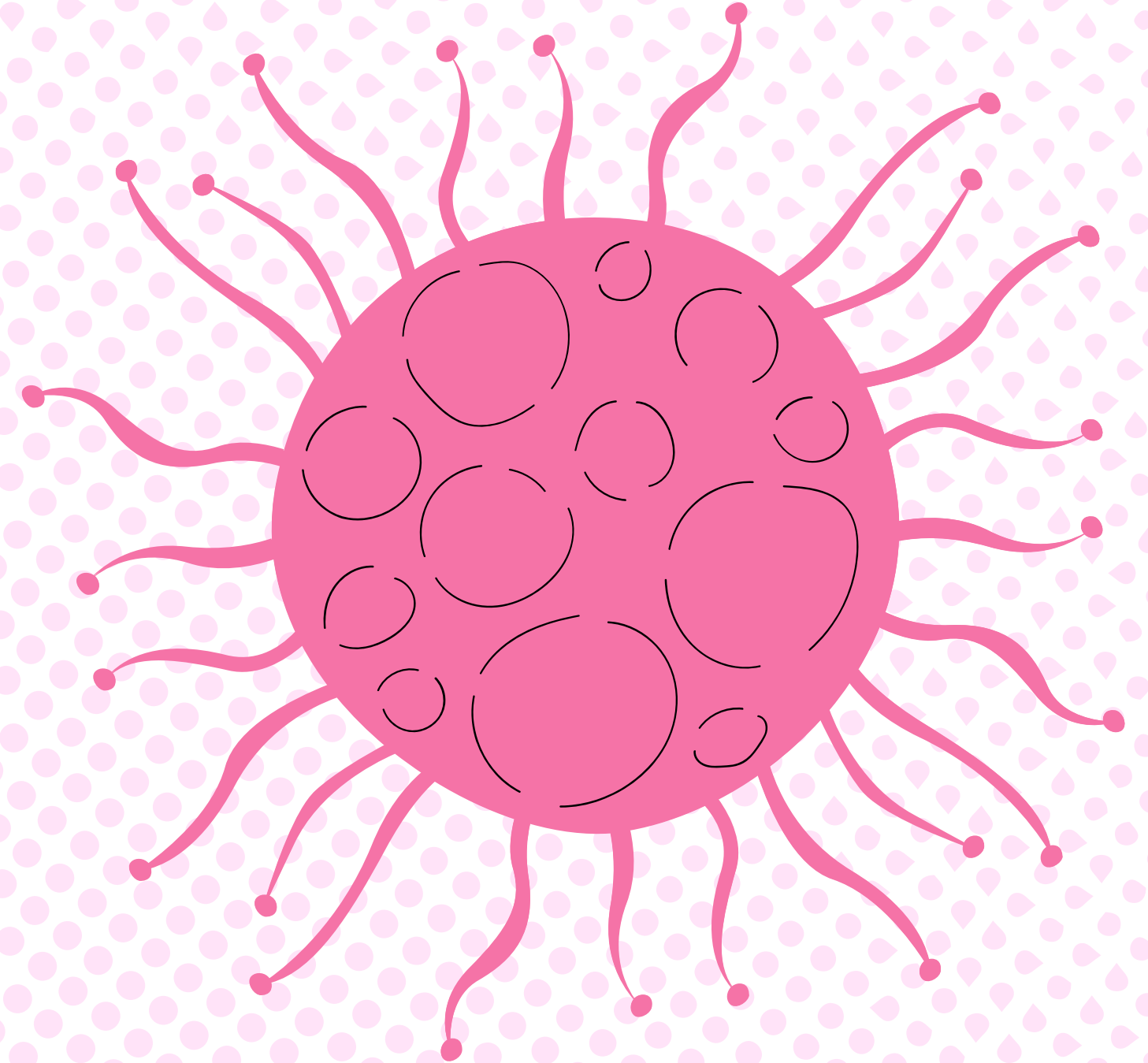


Learning Areas

- 1 What is cancer?
- 2 Cancer examples
- 3 General symptoms
- 4 Risk prevention
- 5 Diagnosis
- 6 Treatment

What is cancer?

Cancer is caused when cells within the body grow and multiply uncontrollably. Cancerous cells may spread throughout the body. There are over 200 types of different cancers.



Cancer Examples

Breast
cancer

Lung
cancer

Prostate
cancer

Bowel
cancer

Leukaemia

Skin
cancer

Brain
tumour

Cervical
cancer

General Symptoms

- Persistent cough
- Bowel habit changes
- Persistent bloating
- Unexplained bleeding
- Noticeable lumps
- Changes to moles
- Unexplained weight loss





Risk Reduction

- Stopping smoking
- Maintaining a healthy weight
- Eating a balanced diet
- Exercising frequently
- Avoiding excessive alcohol consumption
- Skin protection from the sun
- Health screening

Possible Diagnosis

Biopsy

Blood
test

CT Scan

Endoscopy

Mammogram

PET scan

PSA test

Ultrasound



Treatment

Treatment depends on the type of cancer. Some examples of possible treatments include:

- Surgery
- Chemotherapy and radiotherapy
- Hormone therapy
- Stem cell & bone marrow transplant



Cancer Ribbons

The ribbon is the universal sign for cancer awareness and support. There are lots of different ribbon colors to indicate different types of cancer. A lavender colored ribbon generally represents all types of cancers.



The End

Thank you for listening

